

Movie Character: Health Assessment

Name

Date

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Introduction and Background Overview of Movie Character

Kate is the daughter of Brian and Sara Fitzgerald a couple that has lived happily together with Jesse. Sara was surprised to hear the physician state that her daughter had APL (acute promyelocytic leukemia). The doctor explained to Sara that her daughter required a bone marrow donor and blood cells, but there was no compatible donor even in the family. That is when she decided to get pregnant that could be genetically programmed to be a compatible donor for Kate. The baby was called Anna. Through the years, Anna was a donor for her sister and had undergone injections, surgeries, and blood transfusion to aid Kate in fighting her diseases. Eventually, the disease deteriorated Kate's health leading to the failure of her kidneys.

Functional Health Patterns Assessment

Pattern of Activity/Exercise

There are times when Kate experiences fatigue and weakness that she cannot perform activities even though her family motivates her. She also loves shopping and the beach. What is more, there is a part where she is on a date with a boyfriend and is seen having a good time

Conceptual/Perceptual Pattern

Since Kate is a music lover and an avid reader, she does not exhibit signs of sensory deficits. Prescribed medication controls the pain that is a result of her condition. Still, Kate is disparaging and contemplates dying by ignoring the kidney transplant that will solve her situation.

Pattern of Sleep and Rest

Even though there are many instances where Kate sleeps healthily, she has difficulty sleeping when she experiences pain or vomits in the night. Nevertheless, her family encourages

her to have as much rest as possible. So, Kate sleeps in the daytime when she experiences fatigue.

Pattern of Self Perception and Self Concept

Kate has the bravery required to live with the disease and is in a joyful mood in most of the scenes. Still, she believes that it is not a must that she be a liability on her family or sister.

Role/Relationship Patterns

The type of family displayed in the film can be described as broken apart but closely bonded. Kate begins dating a patient called Taylor. Taylor motivates and loves Anna. Another observation is that as the big sister, Kate does not desire for her sister to suffer because of her disease.

Sexuality/Reproductive Patterns

Kate is aware that the people around her love her. Moreover, she dates Taylor and has intercourse with him.

Pattern of Coping and Stress Tolerance

Kate claims that self-management is an inadequate description of her situation as her family shares the frustrations of her condition. This is evident when her mother decides to shave to make Kate feel beautiful.

Pattern of Values and Beliefs

Although the film has no depiction of faith or religion, it is apparent that the children have been instilled with the values of support, respect, and love.

Some families are very closely bonded while some are broken apart. The family demonstrated that it exhibits both of the traits. Although they require the support of one another, the family members are detached from each other. Kate and Anna should help each other, but

one has to be sacrificed for the other's survival. All of the needs of the family members are ignored to meet the requirements for Kate's well-being. A momentous scene in the film surrounds the relationship between Anna and Jesse. Jesse is exhausted and distressed concerning the challenges in the family such as Anna's litigation, Kate's disease, and hiding the real reason behind Anna's lawsuit (Rotten Tomatoes, 2017).

This forces him to reveal to the judges the actual reason for Anna's litigation. From the movie's beginning, it is evident that the parents' extended family provides genuine support to the situation. This is particularly demonstrated by Kate's aunt, who chooses to spend time with Kate at the hospital and family gatherings. These illustrations reveal the significance of successful interpersonal relationships between the members of a family. Also, it demonstrates how this interaction contributes to patient outcomes of Kate.

My Assessment. Kate might be anti-social, but she loves spending time with her family members. Although her condition destabilizes her, she is passionate about shopping, love, and dating. She loves her family and is closely bonded to Anna. Kate wants to live life by avoiding medication and spending time on the beach. Still, she was depressed to discover that her boyfriend died and contemplated suicide.

Potential Cultural, Geographic, Religious, Ethnic, or Spiritual Consideration

Cultural

There is a strong bond between the family members, and they can do anything to save each other. The parents provide genuine support to their children. This family demonstrates the significance of effective interpersonal relationship in the family unit.

Geographical

The family is situated in California.

Religious

No religious convictions are evident in the movie.

Ethnic

Caucasian.

Spiritual

There are no spiritual aspects visible in the film

Two Normal Health Patterns and Two Abnormal Health Patterns*Normal assessment findings*

Kate is a typical adolescent girl that loves the beach, shopping, and dating. She communicates private matters to Anna. Also, she is ingenious as she constructs a beautiful album of memories.

Abnormal or risk-based findings

Kate contemplates suicide upon knowledge of her boyfriend's death. What is more, she is experiencing more fatigue and gets weaker as the days go by. She also nosebleeds because of her condition.

Leukemia affects the blood cells and particularly their production site, the bone marrow. When healthy, this stimulates white blood cells to ward off infection, red blood cells to transport oxygen, and platelets to aid in blood clotting (Angle, 2013). Leukemia results in the abnormal production of white blood cells and they begin to crowd out healthy cells resulting in anemia, nosebleeds, and infections (Angle, 2013).

An Appropriate Nursing Diagnosis for Client Based On Assessment

Vomiting because of the chemotherapy treatment, nose bleeding, and intense pain.

Three Interventions for the Client; Health Promotion, Health Prevention, and Maintenance

Health Maintenance: Expect requirement for pain alleviation, react instantly to the grievance of pain, and establish the proper pain relief approaches. Non-pharmacological and pharmacological methods. Dispense anti-nausea medicine as instructed 1-24 hours preceding chemotherapy treatment and regularly for the anticipated duration of nausea for the particular chemotherapeutic drugs that are administered (Saunders, 2012). The chemotherapy drugs administered include gastrointestinal stimulants, serotonin antagonists, butyrophenones, and phenothiazines (Saunders, 2012).

Health Promotion: Avoid high levels of radiation, keep away from benzene exposure and avoid smoking, second-hand smoke and the use of tobacco.

Health Prevention: Oversee the intake and output of fluids, examination of the mucous membranes for petechiae, evaluation of the gums, urine/feces state, and bleeding. Prevention includes enforcing measures to avoid tissue injury.

Two Possible Resources or Community Services

Leukemia And Lymphoma Society is the world's largest organization that funds blood cancer research (Chao Family Comprehensive Cancer Center, 2017). Leukemia And Lymphoma Society, Community Services and Patient Aid (<http://sandiego.networkofcare.org>). (858) 277-1800 Admin (Chao Family Comprehensive Cancer Center, 2017).

American Cancer Society is a nationwide organization that emphasizes on education and research. American Cancer Society. 800-ACS-2345 (Chao Family Comprehensive Cancer Center, 2017).

References

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